



Order of Events

Tuesday 4/29/25

3:30 PM Coaches Meeting

FIELD EVENTS

4:00 PM

Javelin - Girls followed by Boys (G-20m/65')(B-25m/82')
Shot Put - Girls followed by Boys (G-8m/26')(B-10m/32')
Discus - Boys followed by Girls (G-20m/65')(B-25m/82')
High Jump - Boys followed by Girls (G-1.2m/3'11")(B-1.5m/4'11")
Long Jump(S pit) - Boys/Girls Cafeteria Style
Triple Jump(N pit) - Girls/Boys Cafeteria Style
Pole Vault - Girls followed by Boys (G-1.85m/6')(B-2.45m/8')

RUNNING EVENTS

All events girls followed by boys unless noted

4:15 PM

3200m Run

5:30 PM

3200m Relay
100m Hurdles
110m High Hurdles
100m Dash
800m Relay
1600m Run
400m Relay
400m Dash
300m Low Hurdles
300m Int. Hurdles
Sprint Medley
800m Run
200m Dash
Football Relay
1600m Relay