



19TH ANNUAL TIGER RELAYS

WORTH COUNTY HIGH SCHOOL, GRANT CITY, MO
TUESDAY, APRIL 16, 2019

1:00 PM COACHES' MEETING

All teams please be present at 1:00, this meeting will be for scratches only, no substitutions or additions.

FIELD EVENTS - (3 THROWS, 3 JUMPS, TOP 7 ADVANCE TO FINALS)

1:30 PM Javelin- Girls followed by Boys (grass runway)
 Shot Put- Girls followed by Boys (cement surface)
 Discus- Boys followed by Girls (cement surface)
 High Jump- Boys followed by Girls (all-weather surface)
 Pole Vault- Girls followed by Boys (all-weather runway)
 Triple Jump- Girls followed by Boys (all-weather runway)
 Long Jump- Boys followed by Girls (all-weather runway)

TRACK EVENTS

(All events are girls followed by boys, unless otherwise noted)

1:30	3200m Run	Finals
2:30	110m Hurdles (Boys)	Preliminaries
	100m Hurdles (Girls)	Preliminaries
	100m Dash	Preliminaries
3:00	4x800 Relay	Finals
	200m Dash	Preliminaries
	BREAK - minimum 30 minutes	
	100m Hurdles (Girls)	Finals
	110m High Hurdles (Boys)	Finals
	100 m Dash	Finals
	4x200 Relay	Finals
	1600 m Run	Finals
	4x100 Relay	Finals
	400m Dash	Finals
	300m Low Hurdles (Girls)	Finals
	300m Int. Hurdles (Boys)	Finals
	800m Run	Finals
	200m Dash	Finals
	4x400 Relay	Finals

PARTICIPATING SCHOOLS

Albany, DeKalb, East Atchison, East Harrison, Gallatin, King City, Maysville, North Andrew, North Daviess, North Harrison, North West Nodaway, Northeast Nodaway, Pattonsburg, Platte Valley, Princeton, Rock Port, South Harrison, South Holt/Nodaway Holt, Stanberry, Stewartsville, Tri-County, Worth County

***WE WOULD LIKE FOR ONLY ATHELETES AND WORKERS TO BE INSIDE THE FENCE. PARENTS & COACHES PLEASE WATCH FROM THE STANDS OR OUTSIDE OF THE FENCE. Thanks for helping stop confusion and assisting in keeping the track meet running smoothly!**